

Grayson

August 22, 2010

Hey man! It was soo great to hear from you. You and your family are also in my nightly prayers.

It sure sounds as if your weight problem has ceased to be a problem. And, without exercising, to boot. However, be ~~very~~ very cautious with pyramid schemes - especially, in the health, fitness and body areas. Most, not all, ~~are~~ are absolute bullshit.

In college I did one of them called ~~Pyramid~~. Well, I can't remember the name of it now. How's that for ya? Oh well, it sucked. But, keep an open mind and two open eyes.

I know of the christian academy that is attending. Scary. But hey, it's not on your dime. He's basically ~~costing~~ costing his grandma a college tuition. Amazing.

I can't wait for you to come visit. One of the Sgt's here knows you. He said he went to your house (mom and dad's house) at PA Country Club in High School. His name is _____, class of 2000 at Hampshire Frangett.

I will have lots to talk about when you come visit. So, until then, take care.

Love you bro,

Damon

At ha, just thought of the name of the company in college. It sounded great in all the meetings. But, the FDA never approved these products; which can leave you open to legal problems. The company eventually went ~~under~~ under, I think.

Man that was killing ~~me~~ me. I was laying down about to go to sleep and the name finally popped into my head. Oh well, good night, Grayson.

Love - Damon